



Spring Bank Holiday Closures

Friday 3rd April – CLOSED

Monday 6th April – CLOSED

Monday 4th May—CLOSED

Monday 25th May—CLOSED

Total Triage Launching 27th April

Summervale Surgery is excited to be moving to a total triage system, a positive step forward in how we provide care for our patients. As a busy GP practice serving the local community, we are always looking for ways to improve access and ensure patients receive the right care at the right time. Total triage means that every request will be reviewed first and directed to the most appropriate clinician or service, helping us manage demand more effectively and make the best use of our clinical team. We are very excited about this change and believe it will lead to a more efficient, responsive, and patient-focused service for everyone.



Mental Health Awareness Week 11-17th May

Mental Health Awareness Week is a week-long campaign that takes place every year in May. This year it takes place **11-17 May 2026**. It highlights the importance of good mental health, challenges stigma and promotes practical actions people can take to support their own wellbeing. It's one of the most high-profile public health campaigns in the UK, reaching millions of people through media, workplaces, schools, and community events.

Around one in five adults in the UK have a common mental health condition such as anxiety and depression. And this proportion is higher among young people aged 16-24. [Poor mental health](#) is one of the biggest drivers of workplace absence with millions of workdays missed due to poor mental health. With poor mental health affecting so many of us, even those who aren't directly affected themselves are likely to know, love, work alongside or care for someone who does.

Looking after your mental health is just as important as caring for your physical wellbeing. If you've been feeling low, anxious, overwhelmed, or simply not yourself, it's important to remember that you don't have to manage it alone. Speaking to someone—whether that's a trusted person in your life or a healthcare professional—can make a real difference. Our GP surgery is here to support you in a safe, confidential, and understanding environment, so please don't hesitate to reach out if you need help or guidance.



THE POWER TO QUIT IS IN YOUR HANDS

Get the free NHS
Quit Smoking App



Covid-19 Spring Vaccination Programme 2026

The NHS COVID-19 vaccination programme is continuing this spring to help protect those most at risk of serious illness. Protection from previous vaccines can reduce over time, and booster doses help to top up immunity against newer variants.

Who is eligible?

This year's spring booster is being offered to patients at higher risk, including:

- Adults aged **75 years and over**
- Residents living in **care homes for older adults**
- Individuals aged **6 months and over who are immunosuppressed** (due to certain health conditions or treatments).

When and where will vaccinations take place?

The spring COVID-19 vaccination programme begins from **mid April 2026**, and eligible patients will be invited to attend appointments at the surgery or walk-in centres.

Why is it important?

Vaccination remains the best way to:

- Reduce your risk of severe illness and hospitalisation
- Protect yourself against current COVID-19 variants
- Help you recover more quickly if you do become unwell

Somerset Village Agents

Did you know there is a free, confidential service available to help support people in our local community? Somerset Village Agents are here to provide practical help, advice, and support to anyone aged 18 and over.

Village agents work closely with individuals who may be feeling isolated, struggling with everyday tasks, or unsure where to turn to help. They have excellent local knowledge and can connect people with services and activities that promote independence, health and wellbeing.

How can they help?

Village agents can support with:

- Accessing health and care services
- Finding local social groups and activities
- Advice on benefits, housing and finances
- Support following illness or hospital discharge
- Reducing loneliness and social isolation



They take time to listen and offer personalised support, helping people find the right services for their needs.

Get in touch

If you or someone you know could benefit from extra support, consider reaching out to your local Village Agent. They are here to help you stay independent, informed, and connected.

An NHS advertisement featuring two children in white, fluffy protective suits. The background is a colorful, blurred indoor setting. The text is in yellow and white on a dark background.

UK Government

NHS

WRAP YOUR CHILDREN UP WITH THE BEST PROTECTION - VACCINATIONS

Are your child's vaccines up to date? Check their red book or speak to their GP practice.

STAY STRONG. GET VACCINATED.